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Disponible en español
http://www.childwelfare.gov/pubs/reslist/sp_tollfree.cfm

Toll-Free Crisis Hotline Numbers

Child Abuse

Childhelp®

Phone: 800.4.A.CHILD (800.422.4453)
People They Help: Child abuse victims,
parents, concerned individuals

Video Phone Only for Deaf Callers:
206.518.9361
People They Help: Children, parents,
friends, offenders

Child Sexual Abuse

Darkness to Light

Phone: 866.FOR.LIGHT (866.367.5444)
People They Help: Children and adults
needing local information or resources
about sexual abuse

Help for Parents

National Parent Helpline®

Phone: 855.4APARENT (855.427.2736)
(available 10 a.m. to 7 p.m., PST, weekdays)
People They Help: Parents and caregivers
needing emotional support and links to
resources

Family Violence

National Domestic Violence Hotline

Phone: 800.799.SAFE (800.799.7233)
TTY: 800.787.3224

Human Trafficking

National Human Trafficking Hotline

Phone: 888.373.7888
People They Help: Victims of human
trafficking and those reporting potential
trafficking situations



Use your smartphone to
access this factsheet online.



Child Welfare Information Gateway
Children's Bureau/ACYF
1250 Maryland Avenue, SW
Eighth Floor
Washington, DC 20024
800.394.3366
Email: info@childwelfare.gov
<http://www.childwelfare.gov>

Mental Illness

National Alliance on Mental Illness
Phone: 800.950.NAMI (800.950.6264)
(available 10 a.m. to 6 p.m., ET, weekdays)
People They Help: Individuals, families,
professionals

Missing/Abducted Children

Child Find of America
Phone: 800.I.A.M.LOST (800.426.5678)
People They Help: Parents reporting lost
or abducted children, including parental
abductions

Child Find of America—Mediation
Phone: 800.A.WAY.OUT (800.292.9688)
People They Help: Parents (abduction,
prevention, child custody issues)

**National Center for Missing and
Exploited Children**
Phone: 800.THE.LOST (800.843.5678)
TTY: 800.826.7653
People They Help: Families and professionals
(social services, law enforcement)

Rape/Incest

**Rape, Abuse and Incest National Network
(RAINN)**
Phone: 800.656.HOPE (800.656.4673)
People They Help: Rape and incest victims,
media, policymakers, concerned individuals

Substance Abuse

**National Alcohol and Substance Abuse
Information Center**
Phone: 800.784.6776
People They Help: Families, professionals,
media, policymakers, concerned individuals

Suicide Prevention

National Suicide Prevention Lifeline
Phone: 800.273.TALK (800.273.8255)
TTY: 800.799.4TTY (800.799.4889)
People They Help: Families, concerned
individuals

Youth in Trouble/ Runaways

National Runaway Switchboard
Phone: 800.RUNAWAY (800.786.2929)
People They Help: Runaway and homeless
youth, families

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U.S. Department of Health and Human Services
Administration for Children and Families
Administration on Children, Youth and Families
Children's Bureau

