

Framework for Cultural Assessment
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1. **Cultural History and Traditions**

- 1 Place of birth
- 2 Number of generations in the United States
- 3 Migration experience
- 4 Immigration status
- 5 Language spoken at home
- 6 English fluency, communication needs
- 7 Cultural traditions practiced in the home
- 8 Religious affiliation and current involvement
- 9 Community and friendship patterns

2. **Experience of Acculturation**

- 1 Level of acculturation
- 2 Experience adjusting to new culture
- 3 Experience of being Hispanic in the United States
- 4 Family's attitude toward acculturation
- 5 Familiarity and comfort with U.S. culture
- 6 Experience and history of oppression

3. **Family and Cultural Values**

- 1 Family roles and structure
- 2 Gender roles
- 3 Family's attitude toward helping
- 4 Intergenerational family structure
- 5 Emotional attachment to other family members
- 6 Cultural norms

4. **View of the Problem**

- 1 How are similar problems handled in their culture?
- 2 Extent to which the problem is considered either normal or dysfunctional within their culture
- 3 Extent to which the problem is a manifestation of environmental lack of resources and supports
- 4 Extent to which the problem is related to cultural conflict in identity, values, or relationships