Framework for Cultural Assessment

1. **Cultural History and Traditions**

   1. Place of birth
   2. Number of generations in the United States
   3. Migration experience
   4. Immigration status
   5. Language spoken at home
   6. English fluency, communication needs
   7. Cultural traditions practiced in the home
   8. Religious affiliation and current involvement
   9. Community and friendship patterns

2. **Experience of Acculturation**

   1. Level of acculturation
   2. Experience adjusting to new culture
   3. Experience of being Hispanic in the United States
   4. Family’s attitude toward acculturation
   5. Familiarity and comfort with U.S. culture
   6. Experience and history of oppression

3. **Family and Cultural Values**

   1. Family roles and structure
   2. Gender roles
   3. Family’s attitude toward helping
   4. Intergenerational family structure
   5. Emotional attachment to other family members
   6. Cultural norms

4. **View of the Problem**

   1. How are similar problems handled in their culture?
   2. Extent to which the problem is considered either normal or dysfunctional within their culture
   3. Extent to which the problem is a manifestation of environmental lack of resources and supports
   4. Extent to which the problem is related to cultural conflict in identity, values, or relationships