What is Family Centered Systems of Care?

Family Centered Systems of Care (FCSOC) build partnerships between providers and families to create broad arrays of services and supports that are organized into a coordinated network, are culturally competent, and are developed to meet the needs of children, youth, and their families.
## Why Systems of Care?

<table>
<thead>
<tr>
<th>FROM</th>
<th>TO</th>
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<tbody>
<tr>
<td>Individualized funding &amp; service silos</td>
<td>Community collaboration &amp; sharing of resources</td>
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<tr>
<td>Gaps in services for children and families</td>
<td>Coordinated and comprehensive service array</td>
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<td>Growing cultural Awareness</td>
<td>Cultural competence</td>
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<tr>
<td>Limited family involvement</td>
<td>Families as partners and active participants</td>
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<td>Problem-focused</td>
<td>Focus on prevention/early intervention</td>
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<td>Lack of uniform community-based outcomes</td>
<td>Community-based and results-oriented accountability</td>
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Systems of Care Concept

Stroul, B (2002)
Family Centered Systems of Care: Six Guiding Principles

- Youth and Family Involvement
- Individualized Strengths-based Care
- Cultural Competence
- Interagency Collaboration
- Community-based Services
- Accountability
Youth and Family Involvement

- A child and their parents must have a voice in decisions that impact their lives.
Individual Strengths Based Assessment and Planning

- Helps families and communities to build on their capabilities.
- Each family and community are unique and has unique capabilities/challenges.
- This holistic approach takes into account the whole person, the whole family and the whole community.
Cultural Competence

- Conveys respect, preserves dignity, creates communication, and enhances self-determination.
- A culturally competent system increases the likelihood of success.
- Local steering committees and stakeholder groups that are representative of their cultural constituents, and
- Policies and practices that are sensitive to varying cultural principles, values and beliefs.
Interagency Collaboration

- Recognizes that it takes many partners to bring together the resources to assist children and families to be successful.

- The collaboration is based on the community’s ownership and commitment to support children and families.
Community Based Planning and Service Delivery

- Maintains families in a familiar, less threatening context.
- Critical bonds between family, friends, school, and natural supports are retained.
- Communities retain control and ownership of the system (strengths, needs, values, and day to day realities).
Accountability

- Partners commit to results in their service, process, and financial outcomes.
- Responsibility for meeting or not meeting outcomes is shared between service providers.
- Positive outcomes are enhanced, regardless of where the child and family enter the system.
FCSOC Grant Outcomes

1. Reduction in service episodes per family (re-entry, recurrence)
2. Increase the number of children able to remain in their own home with community based services (placement rates)
3. Decrease the number of children placed for reasons other than safety (placement rates for NAN’s)
4. Increase the proportion of children in foster care who are able to remain in their home community
5. Reduce length of stay in foster care (from removal to permanency)
6. Increase placement stability in foster care
Systems of Care Concept

Stroul, B (2002)

Infrastructure

Philosophy
Central Park Prior to Construction

Reservoir that became the Great Lawn

Before Park Construction, Annual Report 1861
Before you build anything, design it.

Before you design anything, listen to what the customers want.

Build not only for today, but for our children’s children’s children.

(Frederick Law Olmstead)
Infrastructure Development

- Creation of local steering committees
- Strategic & implementation plans
- Policies and procedures
- Data collection
- Resource allocation and development
- Program and fiscal evaluation
Systems of Care Concept

Stroul, B (2002)

Philosophy

Infrastructure

Services and Supports

Philosophy
Services and Supports

Child & Family

- Mental Health
- Operational Services
- Recreation
- Spiritual
- Vocational Services
- Substance Abuse Services
- Health
- Education
- Social Services
- Legal
COST OF SYSTEMS OF CARE

This information is for State Fiscal Year 2006

✧ Cost for Family Preservation Services: $10.22 Million
   \textit{Estimated 2005 Cost} $11.40 Million

✧ Cost of children placed in Foster Care: $90.88 Million
   \textit{Estimated 2005 Cost} $96.50 Million

✧ Cost of Adoption Services: $32.56 Million
   \textit{Estimated 2005 Cost} $34.90 Million

✧ Using Family Centered Systems of Care to keep children and families together in a healthy and safe environment:
COST OF SYSTEMS OF CARE

PRICELESS
To further the successful use of family-centered services in Kansas, SRS has embraced the use of a comprehensive strategy for social service provision called “Family Centered Systems of Care (FCSOC).”
Family-Centered Services: Essential Components

- The family unit is the focus of attention.
- Strengthening the capacity of families to function effectively is emphasized.
- Families are engaged in designing all aspects of policies, services, and program evaluation.
- Families are linked with more comprehensive, diverse, and community-based networks of supports and services.
Family-Centered Services

To be successful, family-centered services require:

- A different organization and management structure.
- A different way of working with other agencies.
- A different way of doing business.
Youth and Family Involvement

- Occurs at all levels:
  - Planning
  - Policy development
  - Social marketing
  - Care coordination
  - Evaluation
  - Advocacy
  - Training
Youth and Family Involvement

- Systems actively support and engage families.
- Recognizing and drawing on their knowledge and skills.
- The importance of this principle cannot be overstated.
- This is the most important of all the principles.
- It is the key to family centered practice!
Family Involvement - Vision

“A network of skilled and confident families and youth who are meaningfully engaged and valued as partners on the policy, management, and service delivery levels of child welfare services in Kansas.”
Family Involvement

“Nothing about them, Without them”
Reno County Pilot

- **Partnerships**
  - Family Partners
  - Community Partners

- **Steering Committee**

- **Community Assessment** *(May 16, 2006)*

- **Strategic Plan**
  - Target Population
  - Vision / Mission
  - Goals and Objectives
All this will not be finished in the first one hundred days. Nor will it be finished in the first one thousand days, nor in the life of this Administration, nor even perhaps in our lifetime on this planet. But let us begin.

President John F. Kennedy