



Summer Safety

Here are a few summer safety tips:

- Not Even for a Minute – Never leave children unattended in a car.
- Not Even for a Second – Never leave children unattended around water.
- Have kids wear a properly fitted helmet when riding a bike, skateboard, scooter or rollerblading.
- Use caution with outdoor grills when children are present.
- Install window guards to prevent children from falling out of windows. Never depend on screens to keep children from falling out of windows.
- Apply sunscreen even on cloudy days, and reapply every 2 hours or after swimming.

APRIL 2010						
S	M	T	W	T	F	S
	1	2	3			
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

MAY

JUNE 2010						
S	M	T	W	T	F	S
	1	2	3	4	5	
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p align="center">Family Helpline - 1-800-THE KIDS <i>If you are feeling stressed out, call to speak anonymously with a trained volunteer who can listen and help.</i></p>						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
MOTHER'S DAY 16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31 MEMORIAL DAY					