Sarah Jurimas, Age 7 - Millbridge Elementary School

Water Safety

Never leave children unattended around water – not even for a second!

- **A child can drown in just a few inches of water – within seconds – often without any splashing or screaming.**
- **Teach your child to swim at an early age – always have an adult supervising.**
- **Flotation devices or inflatable toys are not substitutes for supervision.**
- **Don't mix alcohol and supervision of children.**
- **Empty all buckets, pails and bathtubs completely after each use – do not leave them full and unattended.**

May 2010

S	M	T	W	T	F	S
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2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

JUNE

July 2010

S	M	T	W	T	F	S
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4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2	3	4	5
6	7	8	9	10	11	12
13	14 Flag Day	15	16	17	18	19
20 Father's Day	21 First Day of Summer	22	23	24	25	26
27	28	29	30			

Family Helpline - 1-800-THE KIDS

If you are feeling stressed out, call to speak anonymously with a trained volunteer who can listen and help.