

The National Resource Center for Family Centered Practice in
partnership with the Iowa Department of Human Services

Improving Outcomes for Youth In Transition: Worker Training Agenda

Breakfast and Registration

Welcome and Trainer Introductions

- Overview of Schedule and Curriculum
- Knowledge Pre-test

Picture of Iowa's Transitioning Youth – brief data presentation, including local data

Positive Youth Development as a Foundation for Transition Planning

- Key Positive Outcomes – Abilities/Identities
- Connecting Opportunities, Services and Supports to Key Outcomes
- Youth Power/Participation
- Integrating Positive Youth Development into Transition Planning
 - Youth Centered Team model
 - Engaging Youth in Team Planning

Supervision of Culturally Competent Practice with Older Youth in Care

- Introduce concepts of cultural competence and youth identity development
- Racial/Ethnic Identity; Excerpts from DVD "Knowing Who You Are"
 - Table discussions led by supervisors

Box Lunches provided

Youth Panel: Voices of Former Iowa Foster Youth (Elevate, other youth programs)

The following three topics are offered in plenary or workshop formats:

Supervising for Successful Transitions of Older Youth with Complex Needs;
Transitioning Youth to Adult Services

Nuts and Bolts of the Transition Process, including Resources and Options for
Transitioning Youth; Using the Ansell-Casey Life Skills Assessment; discharge planning
(led by local Transition Planning Specialists)

Permanent Connections and Placement Stability

- "Voices of Youth" – poetry and music about permanency and sibling relationships
- Best practices and tools for establishing and sustaining permanent connections

Knowledge Post-Test