

Ways to Build Community and Hope During National Child Abuse Prevention Month

PROGRAMS

Protective Factors	Nurturing and Attachment	Knowledge of Parenting and Child Development	Parental Resilience	Concrete Supports for Parents	Social and Emotional Competence of Children	Social Connections
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Add children's books about feelings to your program's library.	Organize "stroller walks" with new parents. Talk about their challenges as you walk.	Put the protective factors on your outreach materials.	Create a board-game library for families.	Have tips handy for caregivers dealing with parenting challenges.	Make "how are you?" phone calls to families in the program.	Invite a community partner to present a new resource for families.
Role play emotions with kids—what do you do when you're happy, sad, or frustrated?	Host a potluck or cultural celebration.	Plant a pinwheel garden as a reminder of the bright futures all children deserve.	Arrange a kickball or soccer game for parents and kids.	Talk to parents about how trauma can impact children at different developmental stages.	Recognize parent accomplishments.	Visit a program where you refer families, so you will know what it's like.
Train your staff on how trauma and loss affect children.	Encourage parents to support each other through phone trees, carpools, or playgroups.	Invite community partners to an interfaith family day.	Offer parents materials for a craft that they can make with their child.	Talk to parents in your program about discipline alternatives.	Help parents set goals and solve problems.	Let parents use the center's computers for personal business (e.g., writing résumés, email).
Teach kids to resolve conflicts peacefully.	Create a "positive parenting club," and produce a video of parents sharing their success stories.	Create a calendar of community events for families.	Create a cozy "book nook" where parents can read to their children.	Have a conversation with a parent about where their child is developmentally.	Invite local businesses to donate services for a free "spa day" for parents.	Invite a nutritionist to demonstrate how to buy and prepare healthy dinners on a low budget.



<https://www.childwelfare.gov/topics/preventing/>



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