

Ways to Build Community and Hope During National Child Abuse Prevention Month

COMMUNITY PARTNERS

| Protective Factors | Nurturing and Attachment | Knowledge of Parenting and Child Development | Parental Resilience | Concrete Supports for Parents | Social and Emotional Competence of Children | Social Connections |
|--|--|---|---|---|--|--|
| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
| <p>Offer acting classes to build kids' ability to name and recognize emotions.</p> <p>Partner: Theater company</p> | <p>Hold a family ice cream social.</p> <p>Partner: Ice cream shop or local grocery store</p> | <p>Sponsor a "community visioning" event to gauge interest in launching a protective factors agenda in your community.</p> <p>Partners: Community wide</p> | <p>Promote family-friendly employment policies, such as onsite child care.</p> <p>Partner: Local businesses</p> | <p>Ask businesses to consider including parenting tips in their advertising or on product packaging.</p> <p>Partner: Business leaders</p> | <p>Offer workshops for parents on stress relief and relaxation.</p> <p>Partner: Child care resource and referral agency</p> | <p>Sponsor a health fair.</p> <p>Partners: Health-care providers, social services, community-based organizations, local businesses</p> |
| <p>Engage youth to create a presentation on bullying and help them find performance venues.</p> <p>Partners: Theaters, schools</p> | <p>Collaborate with a business to sponsor a family day or family night at a sporting event.</p> <p>Partners: Local businesses, professional or semi-pro sports franchise</p> | <p>Host a Strengthening Families leadership brunch or dinner.</p> <p>Partners: Faith-based organizations, elected officials, community-based organizations, philanthropists</p> | <p>Encourage screening for parental depression in pediatric offices.</p> <p>Partner: American Academy of Pediatrics chapter</p> | <p>Create a parent resource library at your office.</p> <p>Partner: Local businesses, service providers</p> | <p>Host a Parent Support and Appreciation Conference to recognize parent leaders.</p> <p>Partner: Hotels, business leaders, elected officials, social services, health department, and other community organizations</p> | <p>Host job-training classes or a job fair.</p> <p>Partners: Local businesses, employment agencies, universities, State/local government agencies</p> |
| <p>Provide families with books and toys focused on young children's feelings and experiences.</p> <p>Partner: Children's stores</p> | <p>Create rituals for welcoming new families to your community.</p> <p>Partners: Realtors, Newcomers Clubs, PTAs</p> | <p>Ask local businesses to provide transportation for families to local churches, temples, or mosques.</p> <p>Partners: Businesses, faith-based organizations</p> | <p>Set up a parenting display near the children's book section at your library. Include information and books on behavior, emotions, etc.</p> | <p>Offer parenting classes or visitation support for incarcerated parents.</p> <p>Partner: Correctional facilities</p> | <p>Organize a stroller exercise or parent-child yoga class at a local community center.</p> <p>Partners: Community center or yoga studio</p> | <p>Start a winter coat drive and open a community food pantry.</p> <p>Partners: Local dry cleaners, social services, faith-based organizations, grocery stores</p> |
| <p>Create a community swap event for families to trade items such as books, school supplies, or clothes.</p> <p>Partner: Civic association</p> | <p>Create a video library for parents, focused on children's social-emotional development.</p> <p>Partner: Libraries</p> | <p>Publish a list of "10 things you can do to strengthen families" in your community.</p> <p>Partners: Local media, businesses</p> | <p>Share resources with family-friendly businesses on protective factors, child development, parenting skills, and stress reduction.</p> <p>Partners: Early childhood programs, health-care providers, grocery stores</p> | <p>Host a workshop on observing and supporting young children at play.</p> <p>Partners: Psychologists, pediatricians</p> | <p>Host a health and spa day for moms and dads.</p> <p>Partners: Local businesses, community-based providers</p> | <p>Host a financial literacy workshop for families to help with financial management</p> <p>Partners: Business leaders or bankers</p> |



<https://www.childwelfare.gov/topics/preventing/>



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