

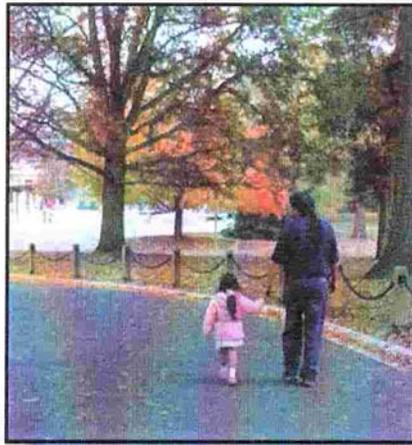
PROGRAM REQUIREMENTS

We respectfully ask that:

- 1 | Children who participate in the community-based **academic strengthening club** are:
 - Between 5-10 years old
 - Of American Indian descent
- 2 | Parents who participate in the **community and in-home parent and family strengthening program** have children who are:
 - Between 2-10 years old
 - Of American Indian descent

**FAMILIES WILL BE PAID
\$30 FOR THEIR TIME
TO HELP US**

**JOIN TODAY
SPACE IS LIMITED!**



**For more information,
please contact:
Cheryl Benitez**

Indian Child and Family Services
1-800-969-4237 ext. 25



Please send all correspondence to:
Indian Child and Family Services
29377 Rancho California Road
Suite 200
Temecula, CA 92591
(800) 969-2437

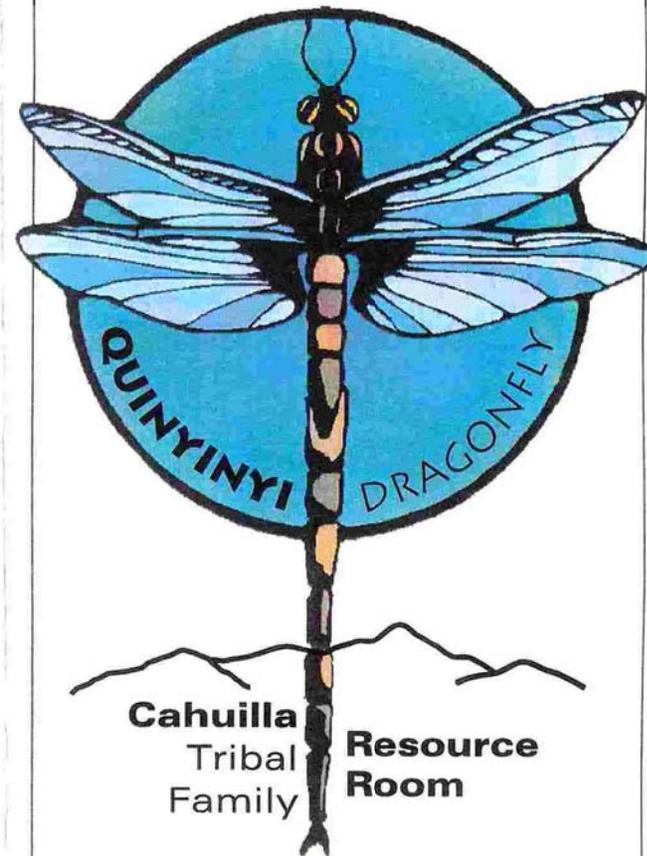
This project is funded by
The Administration for
Children, Youth, and Families

Cahuilla Band of Indians
52701 Hwy. 371
Anza, CA 92539

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**Promoting
academic motivation and success**

**Supporting families and
communities in raising
respectful and happy children**



**A federally-funded cultural
parent and child strengthening
program for American Indian
families and communities**

PROGRAM SERVICES

ON RESERVATION SERVICES

Cahuilla Band of Indians
52701 Hwy 371
Anza, CA 92539

FAMILIES

Weekly community group meetings

Parenting, relationship, and cultural strengthening meetings

Child cultural groups

For ages 2-10
Held during the community meetings
Focused on cultural strengthening

CHILDREN

Weekly academic strengthening club

For K-5th grade children (ages 5-10)
Focuses on academic strengthening
Fosters belief in self and self advocacy

ON OR OFF RESERVATION SERVICES

FAMILIES

In-home parent training sessions

A parenting skill program that uses cultural videos to put each skill in a context for parents of American Indian children
Includes 6 months of case management services to support families as they find their way through community services designed to help and support families.

PROGRAM OBJECTIVES

Strengthening *Your Child* to Promote

- 🌀 Academic Skills Strengthening
- 🌀 Positive Life Journey
- 🌀 Cooperative Learning
- 🌀 Respectful Learning
- 🌀 Academic Motivation
- 🌀 Belief in Self
- 🌀 Personal Skills Strengthening



Strengthening *Your Family* to Promote

- 🌀 Cultural Strength through Tradition
- 🌀 Family Respect
- 🌀 Positive Family Communication
- 🌀 Parenting Joy

PROGRAM DESCRIPTIONS

Programs available on the reservation are described below. For more information about services off the reservation, please contact us.

CHILD ACADEMIC STRENGTHENING

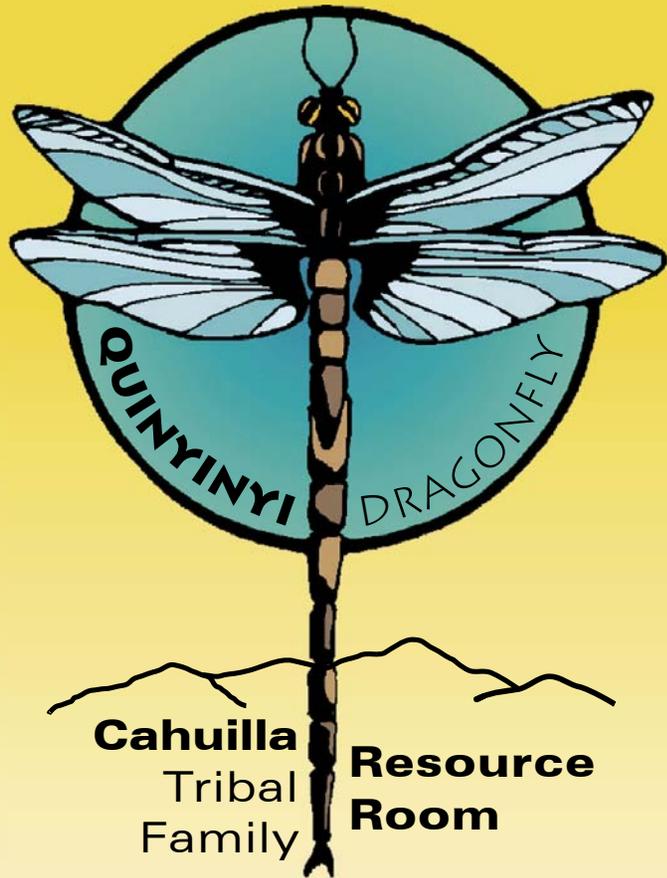
This program is a 20-week academic strengthening group for American Indian children in K-5th grade (ages 5-10). In addition to academic skill strengthening, this group includes a focus on visualizing hopes and dreams as motivation for success. Children will participate in academic and emotional strengthening activities to help them move towards their life dreams and increase their belief in self. Children will meet at the Cahuilla Tribal Hall for 2 hours every week.

Refreshments are provided.

COMMUNITY SPIRIT: PARENTS AS DREAMCATCHERS

This program is a 13-week culturally-centered parent strengthening program with an additional 6 weeks of couple communication strengthening. The weekly group meetings offer a time of community togetherness to improve communication within families and the larger community.

The child cultural groups (ages 2-10) will be held at the same time as the community group meetings. The child groups focus on building and supporting respect, social skills and self-esteem. American Indian storytelling and traditional craft making activities instill pride in children's cultural identities.



**STRENGTHENING
YOUR CHILD TO PROMOTE:
Academic and Personal Strengthening**

- Belief in Self
- Cooperative and Respectful Learning
- Academic Motivation
- Positive Life Journey

**ACADEMIC
STRENGTHENING
for
American Indian
children**

**STRENGTHENING
YOUR FAMILY
TO PROMOTE:**

- Cultural Strength through Tradition
- Parenting Joy
- Positive Family Communication
- Family Respect

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Strengthening **YOUR CHILD** to Promote:
Academic and Personal Strengthening

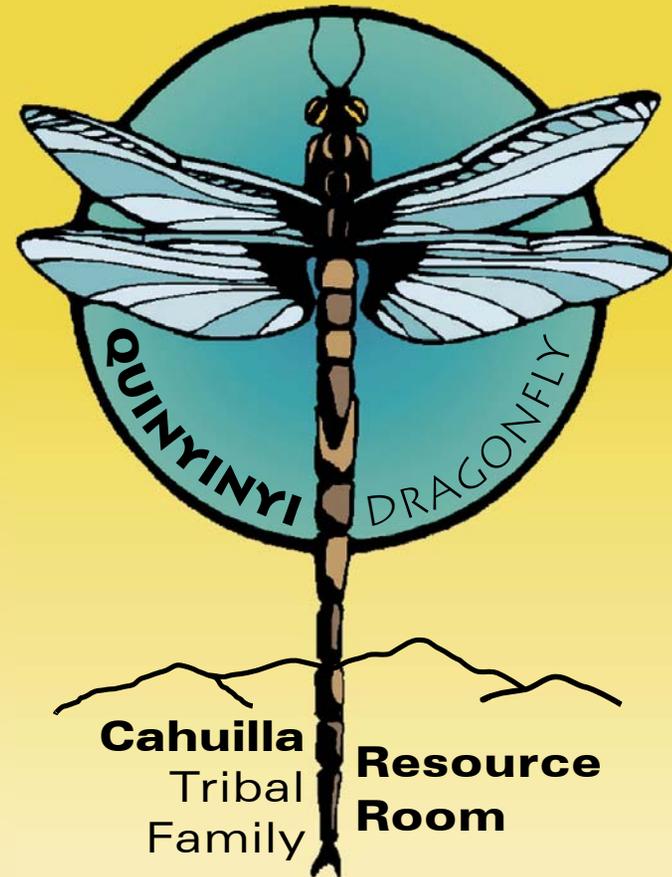
- Positive Life Journey
- Cooperative and Respectful Learning
- Academic Motivation
- Belief in Self



- Strengthening **YOUR FAMILY** to Promote:
- Cultural Strength through Tradition
 - Parenting Joy
 - Positive Family Communication
 - Family Respect

**ACADEMIC
STRENGTHENING
for American Indian
children**

**Cultural and parent
strengthening
for families**



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