PROJECT SUMMARY

Implementation Grants to Develop A Model Intervention for Youth/Young Adults With Child Welfare Involvement At-Risk of Homelessness (YARH 2)

PROJECT TITLE
Enhanced-Youth Transition Planning

GRANTEE
University of Maryland,
Baltimore, School of Social Work, The Institute for Innovation and Implementation

GEOGRAPHIC AREA(S) SERVED
Eastern Shore of Maryland

POPULATION APPLICABILITY
Youth in or transitioning out of foster care

GRANT PERIOD ENDING
September 30, 2020*

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LEARN MORE
For more information on YARH 2 or to learn about other Children's Bureau discretionary grants, please visit Child Welfare Information Gateway.

*Project services will continue after grant funding ends.

Project Description

The Enhanced-Youth Transition Planning (E-YTP) model is an individualized, youth-driven, strengths-based, comprehensive, and team-based transition planning process for older youth (ages 14–21) in foster care in a rural setting. The E-YTP model is designed for use within public child welfare agencies, moving transition planning from an afterthought to a critical process necessary to support a youth’s successful transition to adulthood. E-YTP utilizes the Achieve My Plan model to engage and support youth in having increased ownership over the team-based transition planning process.

Intervention

The goals of the E-YTP intervention are to (1) build stronger relationships among the worker, youth, and the youth’s team; (2) establish a planning process that fosters collaboration and inclusivity while supporting youth in developing the self-determination and life skills needed to live self-sufficiently; (3) create the space and opportunity for youth to build positive connections and relational permanency with important people in their lives; and (4) create comprehensive transition service plans that meet and exceed Federal transition planning requirements. The E-YTP model is designed to increase the capacity of child welfare workers to work effectively with older youth to support their skill acquisition for planning, self-determination, and effective communication. The result is the development and implementation of a realistic transition plan to support the youth’s successful transition to adulthood.