

PROJECT SUMMARY

Implementation Grants to Develop A Model Intervention for Youth/Young Adults With Child Welfare Involvement At-Risk of Homelessness (YARH 2)



PROJECT TITLE

Enhanced-Youth Transition Planning

GRANTEE

University of Maryland,
Baltimore, School of Social
Work, [The Institute for
Innovation and Implementation](#)

**GEOGRAPHIC AREA(S)
SERVED**

Eastern Shore of Maryland

POPULATION APPLICABILITY

Youth in or transitioning out of
foster care

GRANT PERIOD ENDING

September 30, 2020*

PROJECT DIRECTOR

Carrie Gould-Kabler, M.S.W.
[carrie.gould-
kabler@ssw.umaryland.edu](#)

LEAD EVALUATOR

Elizabeth Greeno, Ph.D.
[egreeno@ssw.umaryland.edu](#)

FEDERAL PROJECT OFFICER

Catherine Heath
[Catherine.Heath@acf.hhs.gov](#)

LEARN MORE

For more information on YARH 2 or
to learn about other Children's
Bureau discretionary grants, please
visit [Child Welfare Information
Gateway](#).

Project Description

The Enhanced-Youth Transition Planning (E-YTP) model is an individualized, youth-driven, strengths-based, comprehensive, and team-based transition planning process for older youth (ages 14–21) in foster care in a rural setting. The E-YTP model is designed for use within public child welfare agencies, moving transition planning from an afterthought to a critical process necessary to support a youth's successful transition to adulthood. E-YTP utilizes the Achieve My Plan model to engage and support youth in having increased ownership over the team-based transition planning process.

Intervention

The goals of the E-YTP intervention are to (1) build stronger relationships among the worker, youth, and the youth's team; (2) establish a planning process that fosters collaboration and inclusivity while supporting youth in developing the self-determination and life skills needed to live self-sufficiently; (3) create the space and opportunity for youth to build positive connections and relational permanency with important people in their lives; and (4) create comprehensive transition service plans that meet and exceed Federal transition planning requirements. The E-YTP model is designed to increase the capacity of child welfare workers to work effectively with older youth to support their skill acquisition for planning, self-determination, and effective communication. The result is the development and implementation of a realistic transition plan to support the youth's successful transition to adulthood.

*Project services will continue after grant funding ends.