

Family Skill Builders Statement of Work

1. Purpose:

DHS Child Welfare is attempting to increase the proportion of successful reunification of children who have been taken into protective custody because of abuse and neglect issues.

DHS Child Welfare believes that parents who are new to the Child Welfare System will benefit from an orientation to the Child Welfare System and will more likely engage in services earlier and more successfully than those that do not. These parents will more likely complete service agreements and have their children returned to them sooner than those who do not participate in the orientation process.

2. Goal:

To create an orientation process for families who are new to the Child Welfare System. This process will use the “Family Guide to the Child Welfare System” developed by the National Technical Assistance Center for Children’s Mental Health at Georgetown University Center for Child and Human Development.

This manual will help answer questions and guide parents as they enter the Child Welfare System. The Clackamas County Parent Leader group Helping Other Parent’s Excel (HOPE) has developed a presentation of personal stories of recovery and involvement with DHS Child Welfare. These Parent Leaders will co-facilitate the new parent orientation process.

3. Training Objectives:

- a. Train Parent Leaders on group facilitation skills
- b. Build the confidence of Parent Leaders in leading the orientation process
- c. Parent Leaders will understand and demonstrate healthy relational skills
- d. The contractor will use the “Family Guide to the Child Welfare System” in each session to build expertise in knowledge.
- e. Parent Leaders will develop skills to anticipate, diffuse, intervene and resolve problem situations.

4. Services to be Performed

Contractor shall: Provide Parent Leader Facilitation Training

- a. The contractor shall provide a minimum of four and a maximum of eight structured training sessions to designated Parent Leaders in Clackamas County. Selected sessions may be repeated if necessary as agreed upon by Family Skill Builders, DHS/ Improving Permanency Outcomes Project (IPOP) Site Coordinator and IPOP grant manager.

Sessions will include:

1. Basics of Relationships: (Topics to include)

Relationship building exercise;

The role of the facilitator and qualities of effective facilitation;
Relationship building with Child Welfare Clients;
Communicating people's value and worth;
Expressing empathy for others;
Affirmation
Role Play and Practice of skills using the Family Guide to Child Welfare

2.Connections: (Topics to include)

Active Listening Skills;
Asking Powerful Questions
Role Play and Practice of skills using the Family Guide to Child Welfare

3. Encouraging Group Participation: (Topics to include)

Extending, focusing, redirecting;
Establishing and maintaining boundaries
Role Play and Practice of skills using the Family Guide to Child Welfare

4. Putting it all together: (Topics to include)

Defusing volatile situations
Conflict Resolution
Professionalism
Review of material presented
Role Play and Practice of skills using the Family Guide to Child Welfare

Effective Date and Duration:

The services under this contract shall become effective on the date all parties have signed and shall expire on May 30th unless terminated earlier or extended.

Budget: IPOP Grant Project Budget : PCA 14054 INDEX 15500

Family Skill Builders will be compensated at a rate of \$250.00 per training session.

Payment for all work under this contract shall not exceed \$2,000.00